

# The BEST Metronome Bass Groove Exercise

♩ = 160

Rock 1/8ths

Am

C

G

Am

Bass line for Rock 1/8ths exercise. The music is in 4/4 time and consists of four measures. The first measure is in Am, the second in C, the third in G, and the fourth in Am. The bass line is a continuous eighth-note pattern. The fretboard diagram below shows the fingerings: 5-5-5-5-5-5-5-5 for Am, 3-3-3-3-3-3-3-3 for C, 3-3-3-3-3-3-3-3 for G, and 5-5-5-5-5-5-5-5 for Am.

♩ = 100

People Everyday - Arrested Development

Bass line for People Everyday - Arrested Development. The music is in 4/4 time and consists of two measures. The first measure is in Bb major and the second is in Eb major. The bass line is a continuous eighth-note pattern. The fretboard diagram below shows the fingerings: 4-4-6-6-6-3-4 for the first measure and a slash for the second measure.

(♩ = ♩)

♩ = 120

Blues shuffle

Bass line for Blues shuffle exercise. The music is in 4/4 time and consists of two measures. The first measure is in Bb major and the second is in Eb major. The bass line is a continuous eighth-note pattern. The fretboard diagram below shows the fingerings: 3-3-5-5-3-3-5-5 for the first measure and 3-3-5-5-3-3-5-3-5 for the second measure.

(♩ = ♩)

♩ = 80

Slow ballad

Bass line for Slow ballad exercise. The music is in 4/4 time and consists of four measures. The first measure is in Bb major and the second is in Eb major. The bass line is a continuous eighth-note pattern. The fretboard diagram below shows the fingerings: 3-3-3 for the first measure, 6-6-6 for the second, 3-3-3 for the third, and 4-4-4 for the fourth.